

MILITARY & FAMILY LIFE CONSULTANT (MFLC)

Military & Family Life Consultants (MFLC) are here to listen. MFLCs are available to help service members, spouses, family members, children and staff address:

- Deployment/reintegration issues
- Marriage and relationship issues
- Parenting/sibling & family issues
- Communication challenges
- Stress and anxiety
- Depression
- Grief and loss
- Daily life issues

PERSONAL AND FAMILY LIFE EDUCATION

Assist customers to develop, improve or remediate interpersonal competencies and social relationship skills throughout the life cycle. Services include:

- Military Family Life Consultant Service
- MFLC Couples Communication Skills Course
- MFLC Time Management Course
- MFLC Stress Management Course
- Heart Link
- Referrals to seminars offered by other agencies

RESOURCE CENTER

Two computers with laser printers, a fax machine and a lending and reference library with books and periodicals are available for eligible users. Internet access and computer programs are available for the following:

- CareerOINK
- Discover Career Planning Program
- On Line DoD Job Search Resume Posting
- Federal Job Bank
- Georgia Department of Labor
- Microsoft WORD
- O-Net
- Transition Bulletin Board (TBB)
- Troops To teachers
- Winway Resume

VOLUNTEER RESOURCES

Functions as the military resource for base volunteer referrals. As the base focal point, we assist with matching customers with volunteer opportunities. Volunteer recruitment, recognition, and training are the focus of the program.



Airman & Family Readiness Center

AT A GLANCE



Robins AFB

Airman & Family Readiness Center

725 Ninth Street, Bldg. 794

Mon - Fri, 0730 - 1630

(478) 926-1256

FAX: (478) 926-2361

Home Page:

http://www.robins.af.mil/library/airman&family_readinesscenter/index.asp

Chief
Ms Susan M. Anderson

Readiness NCOIC
MSgt Gary Hunkins

AIR FORCE AID SOCIETY

Air Forces way of taking care of its own through interest-free loans or grants for emergencies and basic needs.

- Emergency Travel
- Basic Living Needs
- Car Repair
- Respite Care
- Community Enhancement Programs
 - Give Parents A Break (**Active Duty Air Force**)
 - Child Care for PCS (**Active Duty Air Force**)
 - Car Care Because We Care Certificates for (**Spouses of Active Duty Air Force Members Remote or TDY Over 30 Days**)
 - Bundles For Babies & Infant Care (**Active Duty Air Force**)
 - Child Care for Volunteers
 - HAP Arnold Education Grants Program
- Emergency assistance provided to retirees and members of the Army, Navy and Marine Corps

EMPLOYMENT ASSISTANCE

Assist individuals and family members with short and long-term employment, education/training and career goals.

- Individual Career Counseling and Assessment
- Career Planning
- Employment Fairs
- Job Search Skills
- Resume and Cover Letter Classes
- Resume Review
- Starting a Business Workshop
- How to Apply For a Federal Job Class
- DoD Personnel Referrals to Civilian Personnel Counseling

FAMILY READINESS

The focal point for Robins' families in relationship to Air Force readiness provides assistance, education and information for planning ahead before a family separation to ensure loved ones are prepared during the absence of the military member.

- Pre-Deployment, Deployment, Sustainment and Reunion Issues
- Hearts Apart Events
- Morale Telephone & Video Calls, Video Cameras, and E-Mail Programs
- Airman & Family Readiness Outreach Program
- Phone Home and Operation Uplink Phone Cards
- Moments to Remember Pillowcases
- Legal, Financial and Medical Matters Referrals
- Preparation for and Reaction to Emergencies/Disasters

FAMILY SERVICES

Assists Air Force families in several ways:

- **Lending Locker:** Loans household items including dish packs with basic kitchen items, irons, card tables, futons, chairs, etc., to Team Robins families
- **Operation Stork:** Layette program provides items, in a diaper bag for the first born of Air Force personnel, regardless of rank

INFORMATION , REFERRAL AND FOLLOW-UP

Connects individuals and families with the right resource on or off base to meet their specific needs. A repository of information and services include:

- Crisis intervention with assessment, counseling and referral
- Community and education resources guides
- Publicity of A&FRC programs including base newspaper, monthly calendar, home page
- Suggestions, feedback, or questions via e-mail: family@robins.af.mil

TRANSITION ASSISTANCE

Designed to provide retiring, separating, and demobilizing members (and family members) the information, skills and knowledge needed for successful transition. Transition assistance will be provided to DoD civilian employees (and family members) impacted by restructuring and reductions. Program components include:

- Pre-Separation Briefing
- Department of Labor 3-Day TAP Workshop
- Individual Transition Planning (ITP)
- Disabled American Veterans
- Veteran's Administration

PERSONAL FINANCIAL READINESS SERVICES

Offers information, education and personal financial counseling to help individuals and families maintain financial readiness. Services include:

- Money & Credit Management Class
- Individual Budget Analysis and Education
- First Term Airman Center Financial Education
- Financial Beginnings for first duty station officers
- Home Buyer's Seminar
- Periodic Specialized Classes for Savings and Investing

RELOCATION ASSISTANCE

A variety of services available for Team Robins' personnel and their eligible family members on the move include:

- Smooth Move (Web based)
- Civilian & Military Sponsorship Training
- Sponsorship, Welcome & TDY Packages
- Sponsorship Information
- Child Care For PCS (**Active Duty Air Force**)
- Local School Information
- Military Onesource